PALO ALTO HUMANE SOCIETY

Helping animals through intervention, education, advocacy

AFTER THE DISASTER: IS YOUR FAMILY READY?

To prepare your family for a natural disaster, store the following supplies and first aid items in a protected area, in a portable container such as a plastic bin or a trash can with a lid.

Supplies

- 1-week supply of non-perishable food for each person
- 1-week supply of water for each person (at least one gallon per person per day)
- Water purification kit
- Plastic plates and cups
- Eating utensils
- Can opener
- Blankets or sleeping bags
- Flashlights and extra batteries
- Portable radio and extra batteries
- Toiletries
- Medicines
- First aid kit and book
- Baby supplies
- Change of clothes for each person
- Identification
- Cash
- Copies of important family documents
- Know where your gas, water, and electrical shutoffs are. Have the proper tools to turn off the gas and water feeds.

(Materials produced by the Palo Alto Humane Society in conjunction with the American Red Cross Northern California Disaster Preparedness Network.)